

NURSING PROCESS

Planning



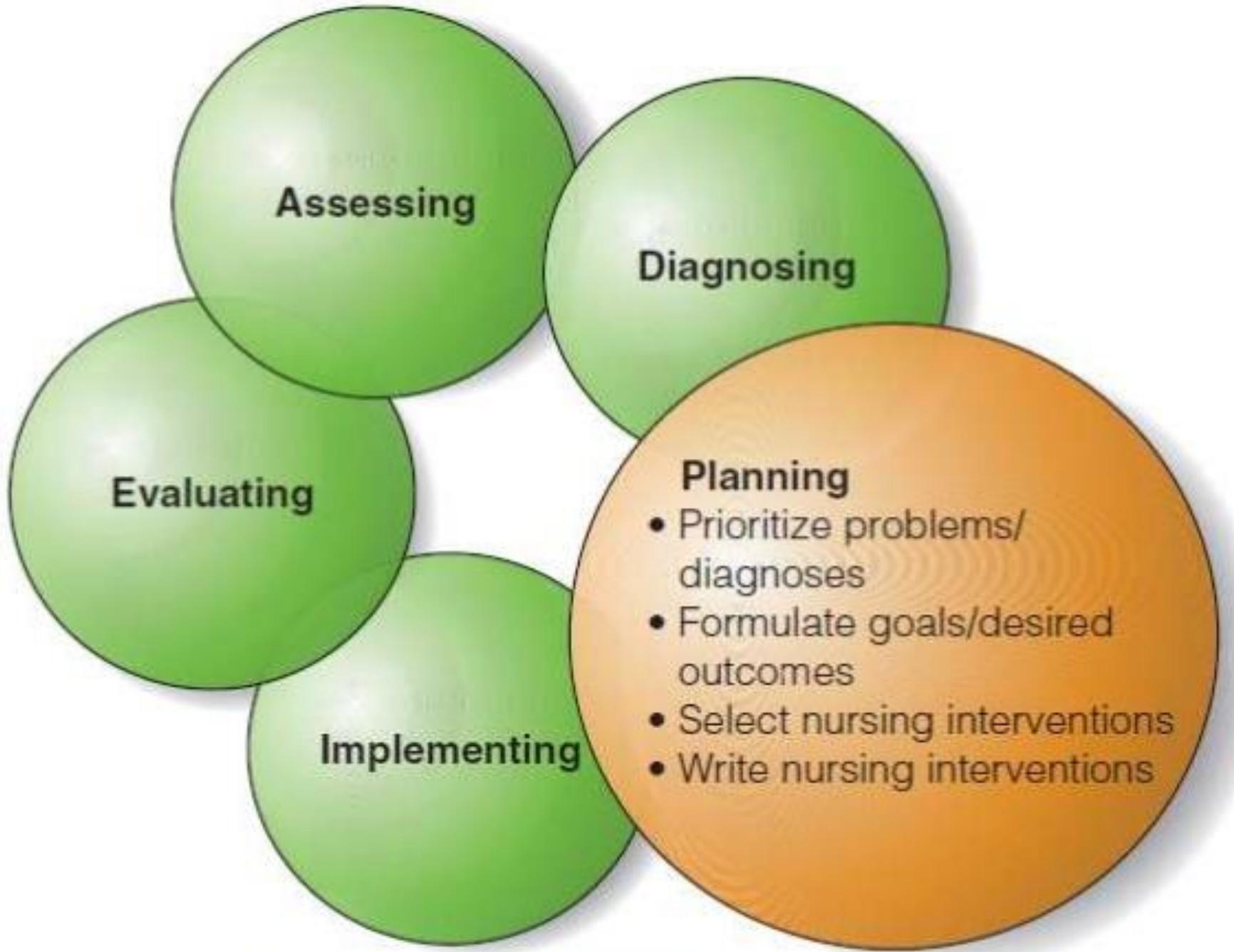
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PLANNING

MEANING

Planning is the third phase of the nursing process, in which the nurse and client develop client goals/desired outcomes and nursing strategies to prevent, reduce or alleviate the client's health problem.





PLANNING

DEFINITION

Planning is a category of nursing behaviors in which client centered goals and expected outcomes are established and nursing interventions are selected



PLANNING

TYPES OF PLANNING

1. Initial Planning
2. Ongoing Planning
3. Discharge Planning



PLANNING

TYPES OF PLANNING

- 1. Initial Planning:** It should be initiated as soon as possible after the initial assessment.
- 2. Ongoing Planning:** It occurs at the beginning of a shift as the nurse plans the care to be given that day.
- 3. Discharge Planning:** It is the planning for needs after discharge



PROCESS OF PLANNING

There are four stages:

- ❖ Setting priorities
- ❖ Establishing client goals / desired outcomes
- ❖ Selecting nursing interventions and activities
- ❖ Writing individualized nursing interventions on care plans.

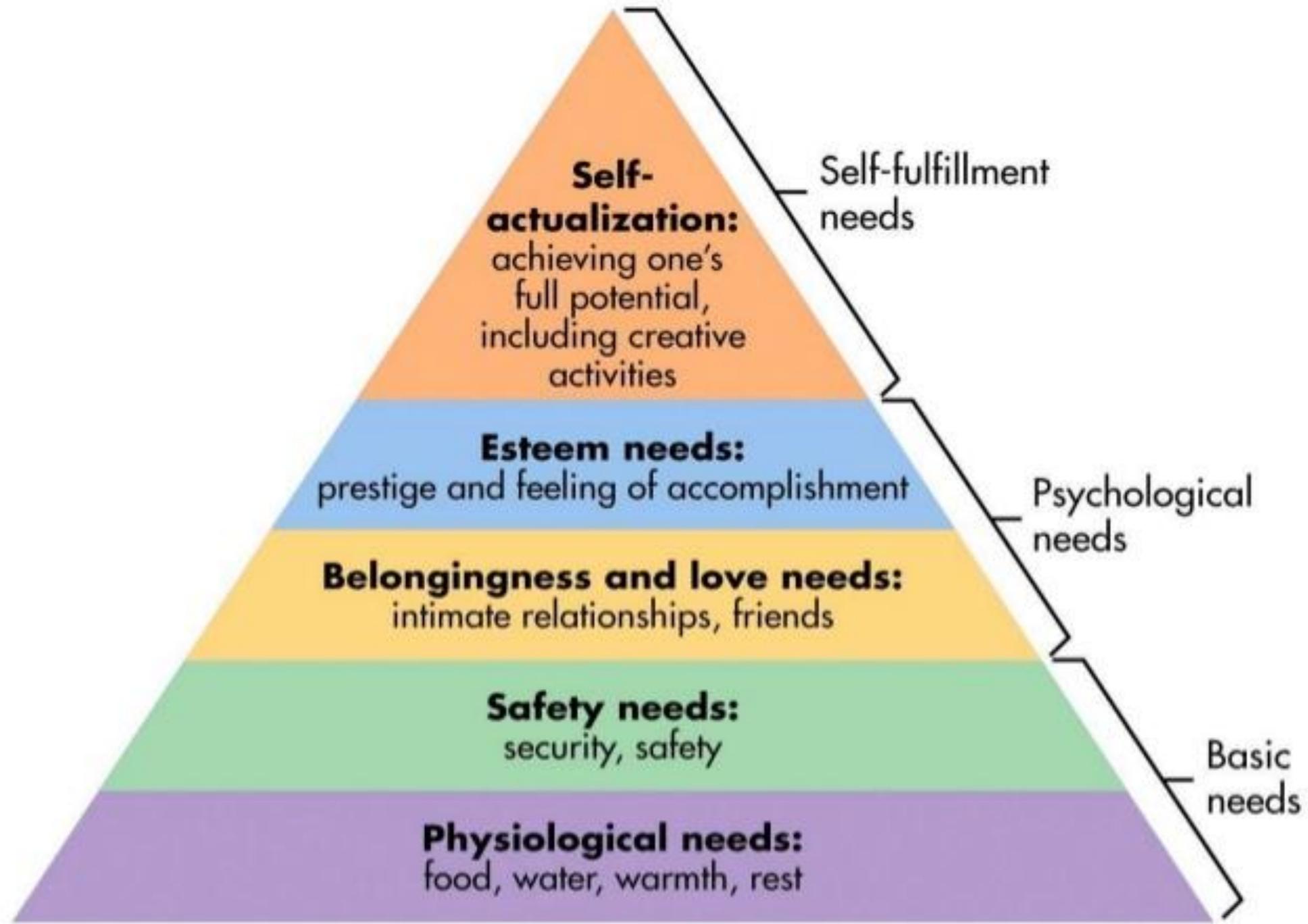


SETTING PRIORITIES

- ❖ It is the process of establishing a preferential order for nursing diagnosis and interventions.
- ❖ Nurses frequently use Maslow hierarchy of needs which setting priorities

Example: In this physiologic needs such as air, food and water are basic to life and receive higher priority than the need for security or activity





ESTABLISHING CLIENT GOALS / DESIRED OUTCOMES

- ❖ After establishing priorities, the nurse and client set goals for each nursing diagnosis.
- ❖ Client goals / desired outcomes: It is a specific and measurable behavior or response that reflects a clients highest possible level of wellness and independence in function.



ESTABLISHING CLIENT GOALS / DESIRED OUTCOMES

TYPES OF GOALS

❖ **Short term goal:** It is an objective that is expected to be achieved within a short time, usually less than a week

Example: Client will achieve comfort within 24 hours post-operatively

❖ **Long term goal:** It is an objective that is expected to be achieved over a longer time frame, usually over weeks or months

Example: Client will adhere to post-operative activity restrictions for one month



ESTABLISHING CLIENT GOALS / DESIRED OUTCOMES

EXAMPLE:

- ❖ **Problem of the patient:** Impaired nutritional status
- ❖ **Goals:** Improve nutritional status
- ❖ **Desired outcomes:** Gain 5kg by October 30

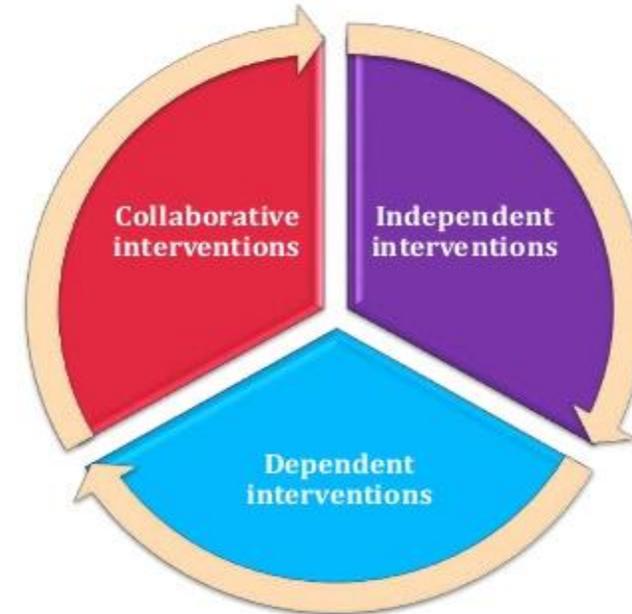


NURSING INTERVENTIONS

A nursing intervention is any treatment, that a nurse performs to improve patient's health.



TYPES OF NURSING INTERVENTIONS



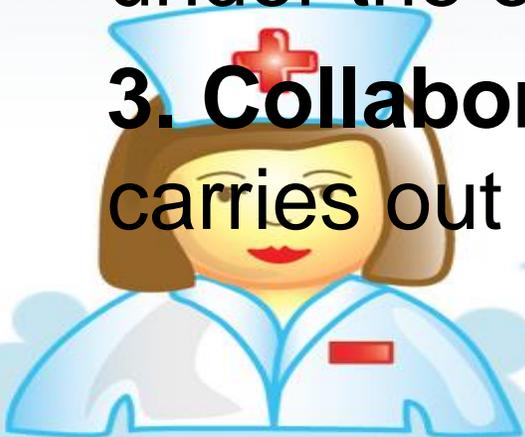
NURSING INTERVENTION

TYPES OF NURSING INTERVENTIONS

1. Independent interventions: are those activities that nurses are licensed to initiate on the basis of their knowledge and skills.

2. Dependent interventions: are activities carried out under the orders or supervision of a licensed physician.

3. Collaborative interventions: are actions the nurse carries out in collaboration with other health team members

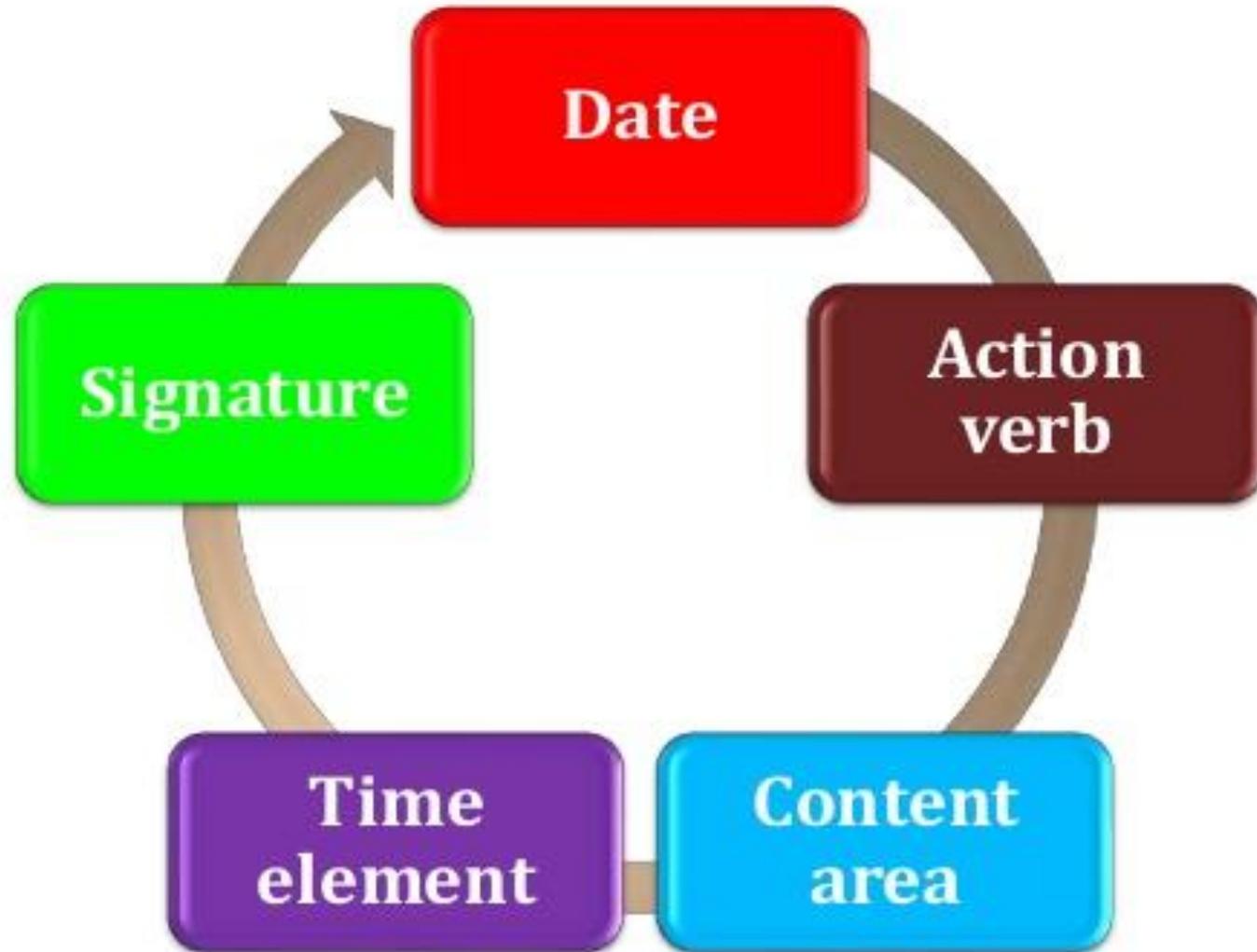


WRITING NURSING INTERVENTIONS

- ❖ After choosing the appropriate nursing interventions, the nurse writes them on the care plan as nursing orders
- ❖ Nursing orders are instructions for the specific activities the nurse performs to help the client meet established health care goals



COMPONENTS OF NURSING ORDERS



COMPONENTS OF NURSING ORDERS

- ❖ **DATE:** Nursing orders are dated when they are written and reviewed regularly at intervals that depends on the individuals need
- ❖ **ACTION VERB:** The verb starts the orders and must be precise
- ❖ **CONTENT AREA:** The content is the where and the what of the order.
- ❖ **TIME ELEMENT:** The time element answers when, how long or how often the nursing action is to occur
- ❖ **SIGNATURE:** The signature of the nurse prescribing the order shows the nurse's accountability and has legal significance



EXAMPLE

DATE	ACTION	CONTENT AREA	TIME ELEMENT	SIGNATURE
25.10.2016	Palpate	Abdomen for firmness	Hourly x 2, then Q4H x 24 hrs	Mr. Harsha



Thank
you

