

REHABILITATION



Get a free access to the information on rehabilitation. Different types of the rehabilitation are also discussed here.

DEFINITION

- Rehabilitation is a treatment designed to facilitate the process of recovery from injury, illness, or disease to as normal a condition as possible.



Principles of rehabilitation:

- Rehabilitation should begin during the initial contact with the patient
- The emphasis of rehabilitation is to restore the patient in independence or pre-illness or pre-injuries level of function in as short a time as possible
- He must be an active participant.
- Motivates the patient and help him to attain social independence



Types of Rehabilitation:

- **Medical Rehabilitation:** help a person better in all his daily physical and mental activities. Related to increasing the potential capabilities and correction of deformities, restoration of functions.
- **Social Rehabilitation:** Implies social life; restoration of family, social interactions or relationship
- **Psychological Rehabilitation:** Includes psychological restoration of personal dignity and confidence of the disabled.
- **Vocational Rehabilitation:** help those patient who find it difficulty to get employment

