**NURSING**

The word nurse originates from Latin word ‘Nutrire' – Nourish

The nurse helps the individual, families and groups to determine and achieve their physical, mental, and social potential and to do with in the challenging context of the environment in which they live and work

**Concept of nursing**

It’s a call to service, Nursing is a service which includes care to sick and care of client's whole environment, provide health services, health education to individual, family and whole community

Concept based on the factors :

* Delivery of care
* Respect the fundamental human rights
* Establishment of helping relationship with patient and his family
* Ability to work independently
* Time to implement various health policies and programs
* Participate in research
* Respect patient's rights, accept or refuse care
* Providing appropriate informations

**DEFINITION OF NURSING**

The unique function of a nurse is to assist the individual sick or well, in the performance of those activities contributing to health or its recovery that he would perform unaided if he had necessary strength, will or knowledge.

* Virginia Henderson ( 1966)

**Objectives of nursing**

* Apply principles of philosophy in nursing interventions
* Apply scientific knowledge from the nursing
* Use the nursing process to identity health potential of individual, groups, families and community and to meet their health needs
* Provide comprehensive nursing care to persons without discrimination of sex, race, religion or culture in a various settings
* Use community resources to achieve the goals of nursing
* Assume leadership as a member of the health team and community
* Apply scientific information
* Apply appropriate actions to enhance personal and processional growth in order to cope up

***Scope of Nursing***

1. Staff nurse
2. Ward in charge or nursing supervisor
3. Department supervisor / Assistant nursing superintendent
4. Deputy nursing superintendent
5. Nursing superintendent
6. Director of nursing / Chief of nursing service
7. Community health nurse
8. Industrial nurse
9. Military nursing service
10. Nursing service in abroad
11. Nursing service in administrative positions

***Principles of Nursing***

1. **Safety** : it means prevention of mechanical, Thermal, and chemical injuries to the client and the workers
2. **Comfort** : Gives comfortable position to the patient.
3. Therapeutic effectiveness : It is to achieve the purpose for which a procedure is done
4. **Use of resources** : It implies the right use and the economy of time, energy, and material.
5. Good Workmanship : It is an art and skill while giving treatment.
6. **Individuality** : The needs and problems of a particular client are to be considered.

**NURSING AS A PROFFESION**

**Definition of profession**

Profession is defined as “ a vocation requiring advanced training and usually involving mental rather than manual work, as teaching, engineering, especially medicine, Law” ( Webster 1989 )

**Definition of professional Nurse :**

“A professional Nurse therefore, is a person who has completed a basic nursing education program and is licensed in his country to practice professional nursing.”

***Meaning of Nurse***

N- Nobility

U- Understanding

R- Responsibility

S- Sympathy

E- Efficiency

***Qualities of Nurse***

* Self confident
* Humble and Honest
* Loyal
* Alertness
* Co- operative
* Dicision maker
* Good listener
* Good Administrator
* Good Supervisor
* Competence
* Good judgment
* Care giver
* Intelligence
* Generously
* Good communication skills
* Gentleness and Quietness
* Good physical and mental health
* Problem solving skills
* Empathy

***ROLE AND FUNCTION OF NURSE***

* **Care giver** :

It is traditionally included those activities that assist the patient physically and psychologically while preserving the patient's dignity.

* **Communicator** :

The nurse identify patient's problems and then communicate these verbally or in writing to other members of the health team.

* **Teacher** :

The nurse helps the client learn about their health and the health care procedures they need to perform to restore or maintain their health.

* **Client advocate** :

Nurse act to protect the client. In this role the nurse may represent the client’s needs and wishes to other health proffesionals, such as relaying the clients wishes for information to the physician.

* **Counselor** : The nurse counsel primarily healthy individual with normal adjustments difficulties and focuses on helping the person to develop new attitudes, feelings and behavior by encouraging the client to look at alternative behaviors.
* **Leader** : The leader role can be employed at different levels individual client, family, groups of clients, colleagues or the community.
* **Manager** : The nurse manager also delegates nursing activities to ancillary workers and other nurses, and supervises and evaluates their performance.
* **Researcher** : In clinical area, nurses need to have some awareness of the process and language language of research.

***ETHICS IN NURSING***

Ethics are the rules or principles or principles that govern right contact. Ethics are designed to protect the rights of human beings. Ethics are characteristics of a healthy proffesion.

***Nursing ethics***

The nursing ethics provides proffesional standards for nursing activities which protect the nurse and the patient.

In 1973 the international nursing council ( INC ) Adopted code of ethics. The fundamental responsibility of a nurse is fourfold- To promote health, to prevent illness, to restore health and to alleviate suffering.

***CODE OF ETHICS***

The code of ethics will state that kind of conduct is expected from the members of a proffesion, what are the responsibilities of its members of a profession

The code of ethics are,

* **Nurses and people :**

The nurse’s primary responsibility is to those people who require nursing care. The nurse holds in confidence personal informations and use judgement in sharing this information.

* **Nurse and practice :**

The nurse maintain the highlight standards of nursing care possible within the reality of a specific situation. The nurse when acting in a proffesional capacity should at all times maintain standards of personal conduct which credit upon the profession.

* **Nurses and Society :**

The nurse shares with other citizens the responsibility for initiating and supporting action to meet the health and social needs of the public.

* **Nurse and co-worker :**

The nurse maintain a cooperative relationship with co workers in nursing and other fields. The nurse tacks appropriate action to safeguard the individual when his care is endangered by a co worker or any other person.

* **Nurses and profession :**

The nurse acting through the proffesional organization participates in establishing and maintaining equitable social and economic working conditions in nursing.